



COUPLES FOR CHRIST

Families of the Holy Spirit Renewing the Face of the Earth

December 3, 2013

To whom it may concern,

I am pleased to provide a recommendation for Katherine Abella for her volunteer work for CFC-Youth, a youth ministry of Couples for Christ. Couples for Christ is an international family renewal organization recognized by the Vatican as an association of the lay faithful.

Katherine was a leader of CFC-Youth from 2006-2011, her last volunteer position was Head for the South Chapter in Calgary. She provided guidance and leadership to the leaders under her and working with the adult Couple Coordinators in organizing programs and activities for the youth. She gave inspirational talks, led retreats and meetings and assemblies. She also gave her time to the music ministry, which also led her to be part of the Band for the National Conference in 2009 held at the University of Guelph, Ontario.

In her volunteer work, Katherine was a very reliable and easily adapts to different personalities. While she can work independently, she was also an effective team player. She also has the charisma in dealing with the youth.

Please call me at 403-804-8846 should you have further questions.

Sincerely,

George Fournier
National Family Ministries Head, Couples for Christ Canada
CFC-Youth Canada National Coordinator
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